

Morning Checklist

Elementary School

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6:30 A.M. WAKE-UP

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6:45 A.M. POTTY, BRUSH
TEETH, WASH FACE.

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7:00 A.M. BREAKFAST

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7:20 A.M. GET DRESSED.

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7:30 A.M. PACK UP, COAT,
SHOES, LUNCH



Mom Tip: Create a fun routine chant—“Brush, dress, eat, prep, go!”—to make it easy to remember.