

# Morning Checklist

## Preschool / Kindergarten

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**6:30 A.M. WAKE-UP  
SNUGGLE TIME.**

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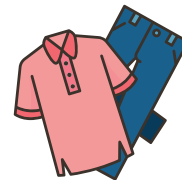
**6:45 A.M. POTTY, BRUSH  
TEETH, WASH FACE.**

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**7:00 A.M. BREAKFAST**

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**7:20 A.M. GET DRESSED.**

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**7:30 A.M. BACKPACK READY,  
SHOES ON, GOODBYE HUG.**



**Mom Tip: Keep a “ready-to-go” basket with lunch box, water bottle, and supplies in one spot. It saves time and teaches responsibility.**